

Spartanburg School District Six High School Breakfast Menu

February 2012

*The majority of our grains are whole grains, including breads, buns, pasta, and rice.

*Menu items are subject to change based on food availability.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sandwiches	Chicken Biscuit Chef's Special: Southwest Breakfast Wrap	Sausage Biscuit Chef's Special: Ham & Cheese Biscuit	Chicken Biscuit Chef's Special: Sausage, Egg, & Cheese Bagel	Sausage Biscuit Chef's Special: Ham & Cheese Biscuit	Chicken Biscuit Chef's Special: Pancake Pup w/ Syrup
Hot Entrees	Pancakes w/ Syrup	Breakfast Pizza	Waffles w/ Syrup	Sausage Gravy Biscuit	French Toast Sticks w/ Syrup
Continental Bar Includes: Cream Cheese Cup, and Assorted Jellies	Bagel Muffin Variety Cereal	Yogurt Muffin Variety Cereal	Bagel Muffin Variety Cereal	Yogurt Muffin Variety Cereal	Bagel Muffin Variety Cereal
Sides	Grits Toast w/ Jelly Canned Fruit	Scrambled Eggs Toast w/ Jelly Canned Fruit	Grits Toast w/ Jelly Canned Fruit	Scrambled Eggs Toast w/ Jelly Canned Fruit	Grits Toast w/ Jelly Canned Fruit
MILK We serve a variety of fat-free and low-fat milk every day, including white and chocolate.			JUICE We offer a variety of 100% fruit juice every day, including apple, orange, and grape.		