

## Spartanburg 6 Secondary School Breakfast Menu

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1/31 – 2/4	French Toast Sticks w/ Syrup Ham & Cheese Biscuit or Assorted Cereal w/ Toast Mixed Fruit Whole Fruit 100 % Fruit Juice Milk Choice	Grits, Eggs, and Toast Egg & Cheese Biscuit or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice	Oatmeal Sausage Biscuit or Assorted Cereal w/ Toast Applesauce Whole Fruit 100 % Fruit Juice Milk Choice	Waffle w/ Syrup & Sausage Links Egg & Cheese Biscuit or Assorted Cereal w/ Toast Pears Whole Fruit 100 % Fruit Juice Milk Choice	Breakfast Pizza Chicken Biscuit Or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice
2/7 – 2/11	French Toast Sticks w/ Syrup Ham & Cheese Biscuit or Assorted Cereal w/ Toast Mixed Fruit Whole Fruit 100 % Fruit Juice Milk Choice	Grits, Eggs, and Toast Egg & Cheese Biscuit or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice	Oatmeal Sausage Gravy w/ Biscuit or Assorted Cereal w/ Toast Applesauce Whole Fruit 100 % Fruit Juice Milk Choice	Waffle w/ Syrup & Sausage Links Egg & Cheese Biscuit or Assorted Cereal w/ Toast Pears Whole Fruit 100 % Fruit Juice Milk Choice	Breakfast Pizza Chicken Biscuit Or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice
2/14 – 2/18	French Toast Sticks w/ Syrup Ham & Cheese Biscuit or Assorted Cereal w/ Toast Mixed Fruit Whole Fruit 100 % Fruit Juice Milk Choice	Grits, Eggs, and Toast Egg & Cheese Biscuit or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice	Oatmeal Sausage Biscuit or Assorted Cereal w/ Toast Applesauce Whole Fruit 100 % Fruit Juice Milk Choice	Waffle w/ Syrup & Sausage Links Egg & Cheese Biscuit or Assorted Cereal w/ Toast Pears Whole Fruit 100 % Fruit Juice Milk Choice	Breakfast Pizza Chicken Biscuit Or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice
2/21 – 2/25	French Toast Sticks w/ Syrup Ham & Cheese Biscuit or Assorted Cereal w/ Toast Mixed Fruit Whole Fruit 100 % Fruit Juice Milk Choice	Grits, Eggs, and Toast Egg & Cheese Biscuit or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice	Oatmeal Sausage Gravy w/ Biscuit or Assorted Cereal w/ Toast Applesauce Whole Fruit 100 % Fruit Juice Milk Choice	Waffle w/ Syrup & Sausage Links Egg & Cheese Biscuit or Assorted Cereal w/ Toast Pears Whole Fruit 100 % Fruit Juice Milk Choice	Breakfast Pizza Chicken Biscuit Or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice
2/28 – 3/4	French Toast Sticks w/ Syrup Ham & Cheese Biscuit or Assorted Cereal w/ Toast Mixed Fruit Whole Fruit 100 % Fruit Juice Milk Choice	Grits, Eggs, and Toast Egg & Cheese Biscuit or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice	Oatmeal Sausage Biscuit or Assorted Cereal w/ Toast Applesauce Whole Fruit 100 % Fruit Juice Milk Choice	Waffle w/ Syrup & Sausage Links Egg & Cheese Biscuit or Assorted Cereal w/ Toast Pears Whole Fruit 100 % Fruit Juice Milk Choice	Breakfast Pizza Chicken Biscuit Or Assorted Cereal w/ Toast Peaches Whole Fruit 100 % Fruit Juice Milk Choice